

Lehi Community Council Newsletter

August 2008

Our Community Values Youth Asset # 7

Our kids perceive that adults in the community value young people.

Ask your kids WHAT makes them feel valued, and WHEN they feel valued in the community and when they DON'T.

Children and young adults feel valued when ...

1. Adults take time to be with them.
2. Listen to them and take serious what they have to say.
3. Adults seek them out and solicit feedback.

Point out how your town or city currently uses resources to help kids prosper.

Examples: Parks, recreation programs, youth programs, etc.

Ask them if there is more your town or city can do for the youth.

- * Encourage your children to spend most of their time in places where they feel valued.
- * Have regular family meetings to plan and solve problems and encourage each other.
- * Role-play positive and appropriate ways for kids to respond when community members treat them disrespectfully.
- * Attend community events as a family, you'll improve your child's perception of your community and vice versa.
- * Affirm and support your children's friends. Let them know that you value them.
- * Instead of viewing kids as problems start viewing them as assets.
- * Help youth to view adults as positive role models by being positive, giving encouragement, giving thanks and gratitude to children and youth whenever you see them doing and being GOOD.

Celebration of Marriage Seminar for Couples **"Rekindle the Flame"**

September 19, 2008 6-10pm

Thanksgiving Point Garden Visitors Center in Lehi, Utah

\$25 per person/ \$50 a couple (Buffet dinner included)

5:30pm --Registration

6:00 --Choose from 1 of 4 educational presentations on improving your marriage

7:00 --Choose from 1 of 4 educational presentations on improving your marriage

Topics include:

Money and Marriage

The intentional Marriage

Intimacy in Marriage

8:00 --Buffet dinner and entertainment

8:45 --Key note speaker, Dr. Randy Chatlain on "Rekindling the Flame"

Thanksgiving Point Farmer's Market

www.thanksgivingpoint.com

Aug. 1st. - Oct 3rd.

Are you tired of going to the same old boring supermarket to shop? If so, join us at the Thanksgiving Point Farmers Market!

We hope you'll join us for arts and crafts, produce, food, entertainment, and good old-fashioned fun! Last year we saw thousands of guests each week visit the Farmers Market. We are expecting this year's market to be better than ever.

This year's market will start in August 1st. and continue each Friday through the first Saturday in October. Our hours of operation will be from 3pm - 7pm. Come on out and join the fun!

Living "Green" in Lehi

Look for a new article each month about Living Green in Lehi . We will present the many aspects of "GREEN" . We'll cover recycling, technology, home and garden, food and health, transportation & our positive impact on the world in which we all live.

Electronic Waste More info at: <http://www.utahrecycles.org/electronicwaste.php>

Electronic waste, or e-waste, is the rapidly expanding volume of obsolete computers, printers, fax machines, TVs, and other electronic devices finding its way into the waste stream of the US and other countries.

According to various reports, electronics comprise approximately 1-4 percent of the municipal solid waste stream. In Utah, this translates to up to about 104,000 tons per year or 208 million pounds every year into Utah landfills.

E-waste is really a recent phenomenon. It is estimated that 130 million cell phones were discarded in the US in 2005. It is also estimated that 60-65 million PCs become obsolete every year in the US. Some estimates show e-waste making up as much as 3-5% of material in landfills and it is growing at a rate, 3 times faster than that of other waste. Another estimate shows between 315-680 million computers/TVs waiting in peoples garages and homes, waiting to be disposed of properly.

Did you know – the BBC recently reported the following:

1. teenagers get new a cell phone every 11 mos.
2. adults get a new cell phone every 18 mos.
3. average life of computer has fallen from 4-6 years in 1997 to 2 years in 2005

[See What Utah is Doing About E-waste](#)

[Get More Information About Electronic Waste](#)

[What Business and Local Government Need to Do About E-waste](#)

How to host a community e-waste recycling event:

[EPA Toolkit Website](#)

[EPA toolkit PDF](#)

For more information on Electronics Recycling:

Guaranteed Recycling Xperts (GRX)

www.grxrecycles.com

801-386-2533

Executive Recycling

www.executiverecycle.com

877-791-0808

TAM Solutions

www.tamsolutions.com

801-796-1696

Stone Castle Recycling

www.stonecastlerecycling.com

1-801-731-9444

Hutchings Museum **www.hutchingsmuseum.org**

October 4th

Utah Valley Knapping Association – come learn how to make arrowheads, spear points and knives out of obsidian and other materials. The UVKA meets at the Hutchings Museum the first Saturday of each month during the school year.

October 6th

The Hutchings Museum will become an even more magical place as we present the Wizard Museum with a variety of owls, enchanted rocks, potion making, defense against the dark arts, a wizard marketplace, and more.

October 8th

Potions for first years Come learn about chemical reactions with a cauldron and some magical supplies. Robes will be provided for those who need them.
Ages 7 and up. \$10.00 4:00 to 5:00

October 9th

4:30pm - 5:45pm Wizard school of Magic classes.
Beginning class Lance Neilson, Master Magician will be back at the Museum teaching new routines. Each student will receive his new magic instruction book and the apparatus for the tricks he teaches them: Lance will be teaching new tricks, different from the 2 classes in July.
\$13.00 / Beginning class. Includes book and tools of the trade.

October 10th

4:30pm - 5:45pm
Wizard school of Magic Advanced Class Lance Neilson, Master Magician will be back at the Museum teaching new routines. Each student will receive his new magic instruction book and the apparatus for the tricks he teaches them: the book and either the sponge ball set or other devices.
Lance will be teaching new tricks, different from the 2 classes in July. \$22.00 / Advanced Class. Includes book and tools of the trade.

October 11th

Yule Ball - Some can dance and Do the Hippogryph, others can learn about the care of magical creatures, while some can take a potions class. A glowing event no wizard will want to miss
\$22.00 8 and up 5:00 to 8:00

October 14th

Come have some Wizard fun as we learn about muggle science through a wizard's eyes \$10.00
ages 8 and up 4:00 to 5:00

October 21st

More and different wizard fun as we do more muggle science through a wizard's eyes \$10.00
ages 8 and up 4:00 to 5:00

October 25th

Will be our first ever Ghost Tour. Come learn about the legends and tales of this 90 year old building and the results of all the Ghost Hunter's investigations. For this one night only the tour will include the basement "heebie geebie" room. You won't want to come alone!

Year At-A-Glance

October 6th. Magical Wizard Museum

November 11th. Veteran's Day Commemoration

December 13th. Gifts of Nature at the Community Christmas Celebration.

Scouts may earn their Hutchings Museum Scout Patch through a self-guided tour, "The Treasure Hunt for Scouts." Tours are available Tuesday through Friday. Latest tour begins at 4 pm each day. Call 768-7180 or go to the website for more info. www.hutchingsmuseum.org

Lehi Arts Council www.lehicityarts.org

Arts in the Park

August 3- Haywire featuring Randy & Rusty Barnes

August 10- Stevens Party

August 17- Anne-Marie Hildebrandt with Citrine

August 24- Joshua Creek

Sponsored by the Lehi Arts Council

Held at Wines Park (600 N. 100 E. in Lehi)

Bring blankets, chairs to enjoy the show.

Concessions Provided.

In case of inclement weather, the concert will be held at the Lehi Arts Building (685 N. Center Street).

The Lehi City Chorale meets on Thursday evenings at 8:00 p.m. at the Lehi Arts Center. There are no fees associated with participation in the chorale. Auditions are required but are for placement only. No individual with a desire to participate is turned away. The Chorale performs at city events, Lehi Community Council events, American Legion observances, Chamber of Commerce events, Arts in the Park, and annually at Temple Square. For additional information, contact Katie Allen at 789-4240.

Lehi Youth Orchestra

Under the direction of Jim Huish Lehi Youth Orchestra is held on Thursday evenings. Group guitar is at 6:00 p.m. and Orchestra is at 7:00 p.m. Youth ages 9 to 14 are invited to participate. No previous experience is necessary. Children under the age of 9 must audition for admission into the orchestra. Fees are \$35 per month. For additional information, contact Jim Huish at 735-7051.

Lehi Children's Choir

Under the direction of Catherine Stambaugh The Lehi Children's Choir meets on Monday afternoons. Admission is by audition. For additional information, contact Catherine Stambaugh at 766-3792.

Lehi Silver Band

Under the direction of Jennifer Morgan The Lehi Silver Band meets on Wednesday evenings at 7:00 p.m. at the Lehi Arts Center. The Silver Band is well known for appearances in parades throughout the state in its' vintage band wagon. For additional information, contact Jennifer Morgan at 766-3224.

Fall Workshops

Begin September 8th

Registration Begins August 15th

Go to: http://lehicityarts.org/joomla/index.php?option=com_content&task=view&id=24&Itemid=40

The Lehi City Arts Kids department, under the direction of Traci Smith, is dedicated to kids and their unsatiable appetite for learning and exploring. Kids are amazingly talented and versatile in many different aspects of the arts - unlike many adults, they aren't afraid to try new things. Our program is a wonderful and safe environment for kids to learn, experiment, and progress as they venture into adulthood.

Oklahoma

August 23rd - September 1st, 2008

Not on Sundays

7:30 p.m.

Thanksgiving Point Show Barn

Tickets can be purchased at the Thanksgiving Point Ticket Office

Dance Department

The Lehi City Dance Department, under the direction of Jeana Cunningham, provides opportunities to sharpen your skills as a dancer, whether through workshops or master classes. Classes vary from children with special needs to ballroom to master class offerings.

Art Department

The Lehi City Art Department, under the direction Linnie Brown, focuses on workshops, classes, and exhibits in visual arts. Art is the window into history and encompasses many aspects of learning. Art can teach about math, music, architecture, history, and much more. Tap into this knowledge by taking one of our

classes.

Utah County Senior Services

<http://www.utahcountyonline.org/Dept/Seniors/index.asp>

Foster Grandparent Program Provides older Americans the opportunity to put their life experiences to work for local communities. Foster Grandparents serve as mentors, tutors, and caregivers for at-risk children and youth with special needs through a variety of community organizations, including schools, hospitals, drug treatment facilities, correctional institutions, Head Start and day-care centers.

Utah County Health and Justice Building 151 S. University Ave., Suite 2200 Provo, UT 84601 801-851-7784 801-343-8040 (fax) Hours: 08:00 am - 05:00 pm Mon. - Fri. except holidays

Senior Companion Program Provides older Americans with the opportunity to apply their life experiences to meeting community needs. Senior Companions serve one-on-one with the frail elderly and other homebound persons who have difficulty completing everyday tasks. They assist with grocery shopping, bill paying, and transportation to medical appointments, and they alert doctors and family members to potential problems. Senior Companions also provide short periods of relief to primary caregivers.

Utah County Health and Justice Building 151 S. University Ave., Suite 2200 Provo, UT 84601 801-851-7767 801-851-7766 (fax) Hours: 08:00 am - 05:00 pm Mon. - Fri. except holidays

Lehi Police Department

www.lehi-ut.gov/police

Kid's in the driver's seat !!! What?

When adults let children into the driver's seat with them there is a problem.

Utah state law requires that all children under age 8 ride in an appropriate car seat or booster seat that is used according to manufacturer directions. Children who are not yet 8 years old but are taller than 57 inches do not have to use a booster seat but must wear a properly adjusted seatbelt. Utah law requires that all other passengers wear a properly fitted seat belt.

Parents who put a child into the driver's seat with them are breaking the law and should be reported to the police right away.

You can call in a report to 766-5800 with the license plate # and a description of the adult driving the car.

Lehi Police Dept will offer merit badge classes.

Please sign up for the following classes by calling 766-5800.

Classes Dates Time

Criminal Law Sept. 17 7:00 pm

Traffic Safety Oct. 15 7:00 pm

First Aid Nov. 19 7:00 pm

All classes are held at Police Department

Location: 580 West State St. Lehi, UTAH

After Hours: (801) 343-4100.

Victim Assistance Program There are numerous services available for victims of domestic violence and other violent crimes. Examples of this assistance include counseling, safe houses, and medical services.

Victim Assistance - Through the Lehi Victim Assistance program, assistance is offered to victims of violent crimes. Such assistance is offered to victims of domestic violence, sexual assault, child abuse, elder abuse, homicide, stalking, and harassment. Communication within the office is kept confidential and not disseminated to anyone except in cases where mandatory disclosure is required by law. All services that are provided are free of charge. The Lehi Victim Assistance Program has been designed to assist families in breaking the cycle of violence and to assist in them in becoming independent and abuse free. The program works to help families' access community resources, develop safety plans, and provide education and encouragement to make changes in their lives. The main objective is to increase the safety of every victim.

Victim Advocate Services Offered

Document Support - Advocates can provide assistance to victims by helping them obtain court documents and police reports. They also assist investigators with follow-up procedures and advocacy within the criminal justice system.

Referrals - Advocates can provide information and referrals pertaining to victims' rights, support groups,

translation services, counseling centers, housing and financial support.

Direct Services - Advocates can attend court proceedings with victims in a support capacity.

Victim Advocate - Sherrie Benson currently serves as Victim Advocate for the city of Lehi. If you need assistance or have any questions, contact Sherrie at: Office (801) 766-5800 or Dispatch (801) 851-4100

Boy Scouts of America www.utahscouts.org

The Bonnaville Bicycle Touring Club is holding it's 30th. Anniversary "Utah Lake Ride" to help the Huntsman Cancer Institute and the National Kidney Foundation.

They are looking for volunteers to help at the rest stops. This is a good opportunity for a scout troop service project.

The ride will be held on Saturday, August 9th. beginning at Thanksgiving Point in Lehi

If intrested

Contact Lyle S. Phelps treasurer@bbtc.net

Adult and Youth Volunteer Service Opportunities

*Hutching's Museum has some projects that would work well for Eagle Scout projects. Contact the Museum 768-7180

*Lehi Family Week will meet the 4th Thursday of every month. Those looking to help in big or small ways are welcome to attend. Contact Connie Packer at 766-4029.

*Volunteers are needed with the BSA in Lehi. Contact Lenny Wing 768-8345.

*The Lehi Community Council is looking for volunteers for the following committees...

-Lehi Easter & Christmas Community Events

-Marriage Conference

Contact Rick and Linda Turner 768-1102 for more info.

Intermountain Healthcare www.ihc.com

CarePages.com, brought to you in connection with Intermountain Healthcare.

Staying in touch with loved ones and friends while also managing a healthcare challenge can be difficult. But staying connected is a crucial component to getting, and staying well—for both patients and caregivers. Intermountain Healthcare understands these obstacles, and we're prepared to help.

Now you can stay connected with family, friends and colleagues before, during and after hospitalization through a CarePages website. CarePages provides free, private websites that make it easy to:

- Update family, friends and even colleagues all at once
- Share photos
- Collect supporting messages from loved ones and friends
- Learn more about healthcare issues
- Connect to others with similar concerns

Other Information “Not to be Overlooked “

VOLUNTEERS NEEDED TO DELIVER MEALS-ON-WHEELS

Meals-On-Wheels needs volunteer drivers in Lehi, one day a week, for one hour, in a four mile delivery radius.

Volunteer drivers are the people who actually deliver the meals to elderly, ill, frail, or disabled seniors in their homes. Volunteers use their own vehicles to pick-up the food at the Lehi Senior Center. The individual

meals are packed in hot and cold food containers.

The Lehi Senior Center Meals-On-Wheels volunteer route consists of 8 to 11 meals in a four mile radius from the senior center. It takes about ½ hour to 1 hour to complete. The Tuesday route is now open. Please consider volunteering on Tuesday for one hour, once a week or as a back-up substitute.

Did you know?

- Research shows volunteers are happier healthier people.
- Beginning in 2015, one person in Utah will turn 65 years old every 23 minutes.
- The fastest growing segment of our population is age 85 and older.
- Meals-On-Wheels enables seniors to age gracefully at home.

**If you are interested in delivering Meals-On-Wheels, please contact
Liz Merrell at 229-3821 or emerrell@mountainland.org
or
Erin Dyreng at 229-3803 or edyreng@mountainland.org .**

Thanksgiving Point Education Department is in need of volunteers. Teen Leaders ages 14 and up will help in assisting with Summer Day Camp. Anyone interested contact Connie Packer at 369-3676.

UTAH ADVANCE HEALTH CARE DIRECTIVE [Living Will]

Part I: Allows you to name another person to make health care decisions for you when you cannot make decisions or speak for yourself.

Part II: Allows you to record your wishes about health care in writing.

Part III: Tells you how to revoke or change this directive.

Part IV: Makes your directive legal.

Download forms: <https://kr.ihc.com/ext/Dcmnt?ncid=520444045>

More info at: www.ihc.com

Everyone age 18 and up is encouraged to fill one out.

Local Hospital is looking for DVD movies for a visitors room to be watched by patients and their families. Children's movies would be preferred , but any movies will do. No "R" rated movies please. **Call Tim @ 801-344-4358**

To submit articles or information for this newsletter contact:

Cindy Lee Muir 801-768-3149

E-mail: cindyleemuir@gmail.com

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